



ORIENTEERING CANADA

Published by the Canadian Orienteering Federation
Box 62052, Convent Glen P.O.
Orleans, Ontario, K1C 7H8
E-MAIL ckirk@vegacom.on.ca

Tel: (613) 830-1147

FAX: (613) 830-0456

OFFICIAL NEWSLETTER OF THE CANADIAN ORIENTEERING FEDERATION

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APOC 2002 Update

APOC 2002 provides many COF members with their first opportunity to participate in a major international event. This will be the third large international event held in Canada, the previous being the 5-Day O'Ring Quebec (1976) and APOC 1990 (Kamloops - BC and Caroline, Alberta). O'Ring Quebec was strictly a 5-Day competition while APOC 1990 consisted of the same 3 championship format as APOC 2002 - Canadian, Asia Pacific and North American.

APOC 2002 will have a unique Asian flavour with 120 registrations from China (15), Hong Kong (40), Japan (52) and Kazakhstan (12) plus 70 competitors from Australia and New Zealand. The 800+ competitors represent four major regions: Canada - 262; Europe - 138, Pacific Region - 188, USA - 214, making this the most regionally widespread supported international orienteering event held in Canada to date.

APOC 2002 organizers have done a wonderful job of promoting the event with advertisements in national orienteering magazines in Australia, Britain, Sweden, Switzerland, USA etc. The large numbers of overseas participants is a tribute to their efforts. Previous championships held in Alberta have always been of a very high level and this years events promises to match or improve upon this legacy.

Best wishes to all competitors for an enjoyable and memorable series of orienteering events and social activities and special Best Wishes to the Alberta Orienteering Association and organizing clubs, Edmonton Overlanders OC and Foothills Wanderers OC.

COF 2002 AGM

2002 Annual General Meeting of the Canadian Orienteering Federation

Date: *Tuesday, July 9, 2002*

Location: *University of Calgary, Room KNB 131*

Time: *9 a.m. - 12. p.m.*

COF members are welcome to attend. Only official association delegates are eligible to vote.

PRESIDENT'S PODIUM

by Ray St-Laurent

I have good news for you. I have little to write about, so this will be short.

In the previous issue of the newsletter included a draft by Pippa McNeil for phase one of a project to compile promotional/development ideas applicable to orienteering. This issue contains her draft for the second phase of the project, a toolbox charting promotional/development ideas. The next phase of this project will be to produce a "user's guide" on tool selection and use.

There have been reports of increased participation at various meets this year, in some cases spectacular increases. If we find the secret, let's bottle it.

The latest number of registrants for the APOC (including the COC's and North American Championships) is becom-

ing quite respectable. An interesting aspects of their website, www.apoc2002.com, is the list of entrants by country. The one from the United Arab Emirates is fascinating. I have visions of Oasis-O, not to be confused with the more frustrating Mirage-O.

The COF annual general meeting will be held during the APOC festivities on Tuesday. The motions that will be discussed can be found on our website, If any of these stir your blood, let your association know your views so they can be represented at the meeting.

All COF affiliated members are invited to attend the AGM. How will you fill the time if you do not attend — go to the Calgary Stampede? I know, it's a toss-up for some.

Happy trails.

A G M MOTIONS

Motion 1. Preamble: When affiliation fees were based solely on Full Members, there was a direct relationship between the fee and the number of votes of an association at the annual meeting. Adopting a participation element in the determination of the affiliation fee removes the direct relationship. To ensure an equivalent situation, association votes should be based on its contribution to the total affiliation fee.

Motion 1

Moved by: COF Board of Directors
Seconded by: COF Board of Directors

Constitutional change: Whereas the number of Full Members do not provide a direct relation to an association's affiliation fee when there is a participation component, it is moved that an association's voting rights be based on the affiliation fee itself. Section 6.04 of the constitution shall be changed.

FROM:

Member Privileges: The Member Associations are entitled to all rights and privileges as members of the federation and are entitled to representation by a voting delegate at the Annual meeting, one additional voting delegate when membership in the provincial/territorial association equals 10% but is less than 20% of the total membership in all provincial/territorial associations, two additional voting delegates when membership in the provincial/territorial association equals 20% but is less than 30% of the total membership in all

provincial/territorial associations or three additional voting delegates when membership in the provincial/territorial association is more than 30% of the total membership in all provincial/territorial associations.

TO:

Member Privileges: The Member Associations are entitled to all rights and privileges as members of the federation and are entitled to representation by a voting delegate at the Annual meeting, one additional voting delegate when the affiliation fee of the provincial/territorial association equals 10% but is less than 20% of the total affiliation fee of all provincial/territorial associations, two additional voting delegates when the affiliation fee of the provincial/territorial association equals 20% but is less than 30% of the total affiliation fees of all provincial/territorial associations or three additional voting delegates when the affiliation fee of the provincial/territorial association is more than 30% of the total of all provincial/territorial associations.

Motion 2

Moved by: COF Board of Directors
Seconded by: COF Board of Directors

"That the revised Officials Certification Program as presented be adopted".

Note: the revised Officials Certification Program is included on pages 3-4.

COF OFFICIALS CERTIFICATION

PROGRAM - 2002

LEVEL 1

The Level 1 course consists of theoretical course planning and administration of a COF standard 'B' meet plus practical experience in organizing a 'B' meet.

Prerequisite: Member of the Canadian Orienteering Federation and participated in at least two 'A' or 'B' orienteering meets.

- a) Attend all sessions of the Level 1 course
- b) Complete the Level 1 examination with a mark of 80% or higher.
- c) Plan three courses complying with 'B' meet standards. Courses must be submitted to the course conductor for review and comment.

Practicum:

- a) Serve as Meet Director at one Provincial scheduled 'B' meet
- b) Serve as Course Planner at a Provincial scheduled 'B' meet under supervision of a certified Level 2, 3 or 4 official.
- c) Submit a report to the provincial association for each event.
a) Meet Director; b) Course Planner.

Certification: The Level 1 certification qualifies the official to serve as a Meet Director or Course Planner at any provincial association 'B' meet.

NOTE: Provincial Associations must forward names of successful Level 1 candidates to COF following the completed practicum.

LEVEL 2

Prerequisite: Certified at Level 1 and a member of the Canadian Orienteering Federation.

Theory and Technical Components:

- a) Attend all sessions of the Level 2 course
- b) Complete the Level 2 examination with a mark of 80% or higher.
- c) Plan six (6) courses complying with the COF 'A' meet Class/Course

standards. Submit courses to the course conductor for review and comment.

Practicum:

- * Complete either a or b below plus c.
- a) Serve as a Course Planner of a COF sanctioned 'A' meet under the supervision of a certified Level 2, 3 or 4 official.
- b) Serve as a Meet Director of a COF sanctioned 'A' meet under the supervision of a certified Level 2, 3, or 4 official.
- c) Serve as a Controller of a 'B' meet under supervision of a certified Level 2, 3 or 4 official.

Certification: Level 2 certification qualifies an official to serve as a Controller of a 'B' meet or a Meet Director or Course Planner of a COF sanctioned 'A' meet, excluding Canadian, North American and major international events.

NOTE: Successful completion in Level 2 via the Meet Director option (b) above, qualifies the candidate to be a Meet Director of an 'A' meet, including the COC, if endorsed by the Provincial Association.

LEVEL 3

Prerequisite: Certified at Level 2 and a member of the Canadian Orienteering Federation.

Theory and Technical Components:

- a) Attend all sessions of the Level 3 course.
- b) Complete the Level 3 examination with a mark of 80% or higher.
- c) Plan six (6) courses complying with the COF 'A' meet Class/Course Standards.
- d) Evaluate at least three Advanced level courses.

COF DROPS

- Practicum:**
- a) Serve as a Course Planner of a COF sanctioned 'A' meet, other than that done in Level 2, except the Canadian, North American and major international events.
 - b) Serve as Controller at a COF sanctioned 'A' meet except the Canadian, North American and major international events.

Certification: Completion of Level 3 qualifies an official to serve as:

- a) Serve as Course Planner or Meet Director for any sanctioned 'A' meet, including COC, NAOC or other events sanctioned by COF.
- b) Serve as Controller for any sanctioned 'A' meet, excluding COC. NAOC or other major international events sanctioned by COF.

NOTE: Only 'A' meets that have been granted COF sanction will be accepted for the officials certification program.

LEVEL 4

Prerequisite: Certified at Level 3 and a member of the Canadian Orienteering Federation.

- Practicum:**
- * Serve as a Course Planner at a Canadian, North American, or other major international event sanctioned by COF.
 - * Submit an event report for the above event.

Certification: Qualifies an official to serve as Controller for any national or international event sanctioned by COF.

Orienteering North America

ONA is published 8 times per year. Subscription price is US \$26 per year for Canada. Donna Fluegel, Publisher and Editor. Email: donnabf@aol.com

1 Junior Training Camp - Record Entry

Some 40+ juniors will attend the Sass Peepre National Junior Training Camp, July 1-4, at Kamp Kiwanis, near Calgary. While the majority of the juniors are Canadians there is a number of US and overseas juniors, adding an international flavour to the camp. The coach/instructor staff is headed by Kitty Jones, Camp Director and Ted de St Croix, Head Coach, and includes a number of national team members plus some guest instructors from the US and Sweden.

The camp provides an ideal "warm-up" for the APOC series of events, July 6-14.

2 Quebec - New president elected

Elisa Reitzschel has been elected 'interim president' of the Orienteering Quebec and will serve in this capacity until the 2002 AGM this Fall. Congratulations and best wishes to Elisa and the new OQ Board of Directors in their efforts to restore orienteering in Quebec to its former lofty heights.

Elisa has been involved in orienteering for many years, starting as a toddler attending meets with her parents, Paul and Denise. Elisa and husband, Jerry Drouin, are carrying on the tradition by bringing their three daughters to O meets.

3 Orienteering Simulation Game

A new Orienteering simulation program (shareware) for Windows can be downloaded from

4 New Brunswick Orienteering Compete in Ottawa Marathon

Two ONB members, Paul Looker (ONB president), Gary Feeney and ex-ONB member but still a New Brunswick'er in spirit, Cherie Mahoney, competed in the 2002 Ottawa Marathon, in May.

Gary, Meet Director for the 1984 COC and Controller for the 2000 COC Classic and fast approaching senior citizen status placed 533 in the time of 3.32.20, Cherie was 826th in the time of 3.43.16, Paul placed 1167th in the time of 3.54.22



PROMOTION TOOL BOX

ID #	Category	Idea	When	How
1	Advertising	Banner	off season - lifetime investment	Club banner to welcome newcomers, take to meets out of town
2	Advertising	Copies of schedule	at every B-meet	Hand out at event or print website on maps
3	Advertising	Feature article	beginning of season	Invite sports reporter to meet to do a feature highlight, juniors or elite athletes or families, etc.
4	Advertising	Hotline	maintain during season	Answering machine message with time and location of next event and contact number for more details
5	Advertising	Newspaper ad	before and after each event, before clinic	Give time and location (before) and website/contact; give results (after)
6	Advertising	Open house	week before first event	Displays, refreshments, members, trivia O course
7	Advertising	Pamphlet/ poster/ display	beginning of season	In city hall, sport office, sport/outdoor store - give brief summary of sport (sample map) and contact/website
8	Advertising	Radio	before and after each event, before clinic	Give time and location (before) and website/contact; give results (after)
9	Advertising	Uniforms	off season; every few years	Order club suits for team spirit; try to have a consensus on colours/style through a meeting; esp. for junior teams
10	Advertising	Website	maintain year-round	Include schedule, results, directions to meets brief explanation of the sport (sample map)
11	Advertising	Write article	beginning of season	Send article and photos to newsletter/magazine/website for other outdoor groups (trail running, cross-country skiing, adventure racing)
12	Analysis	Attendance information	at every B-meet	Who went to each event, how weather affects attendance, how many events each person attended; detailed analysis will help each club figure out what interests local membership
13	Fun	Club Trips	for events away from town	Arrange group travel/ lodging
14	Fun	Post-training Dinners	after weeknight training/events	Meet at a low-key pasta restaurant to feast - invite newcomers
15	Fun	Refreshments	after each event	Bulk cookies, apples, juice to facilitate socializing
16	Instruction	Assembly Line	at every B-meet	Sandwich board with instructions (see attached example) and copy of each course, lay out control cards, map cases, pens, etc. in order to streamline people
17	Instruction	Beginner's Clinic	at the beginning of the season; more if warranted	Advertise in paper, on radio, in sport stores, notify members (word of mouth); teach map symbols, compass, rules; keep it simple; use it as NCCP Coaching Practise; ideally choose a local map with a shelter where you can teach inside before doing exercises

ID #	Category	Idea	When	How
18	Instruction	Greeter/ Instructor	at every B-meet	Designate ahead of time at the beginning of the season (when the schedule and the organizer for each meet are chosen); Choose different people and not just elite orienteers; Clearly identify the volunteer; Don't pin this on the meet organizer
19	Instruction	Intermediate Clinic	early in season; more if warranted	Cover attack points, route choice, relocation, race analysis, etc. Don't skip over the basics: people always need refreshers; use as NCCP Coaching Practise
20	Instruction	Map Party	weeknight	Armchair session, looking at maps for upcoming races and practising route choice, map memory; analysing patterns of errors from past events; training planning - physical and mental
21	Instruction	Map-reading hints	in newsletter or on website	Simple tips for members to improve
22	Instruction	Training Session	in between local meets (the day after if controls are still up)	Short session (1 hr) to work on errors from last meet; practise skills; pairs of more and less experienced orienteers to rerun a course or pairs of equal orienteers to relocate... See Coaching Level 2 manual for ideas... it can be very informal
23	Member Services	Carpool	at every B-meet	Help kids and university students get to events; member sign-up sheet for interested carpoolers and car-polees with addresses and phone numbers?
24	Member Services	Electronic notification	before each event/clinic	Brief mass email to say where and when
25	Member Services	Location maps	on website	Clear directions to events available with schedule
26	Member Services	Phone reminders	start of season; special events	Phone members without email about any special events
27	Member Services	Pre-mark Maps	score-O, Wednesday night events	Orienteering Ontario/Thomass set-up; pre-register online the week of the meet...
28	Membership	2 for 1	at every B-meet	Encourage members to bring a newcomer and save map cost
29	Membership	Early renewal incentive	beginning of season	Encourage early membership renewal with free event coupon, draw for gift certificate, etc.
30	Membership	Membership Package	beginning of season	For clubs with lots of events: offer savings by buying all the events for a bulk price; encourages people to participate more
31	Promotional Events	Adventure Run	once a year?	Attract adventure racers and runners by having a really long yellow course
32	Promotional Events	Bike/O combination		EOOC experienced disappointing turnout for combination events

ID #	Category	Idea	When	How
33	Promotional Events	Corporate Challenge	mid-season	Attract teams from all across the city; may take some time to build up; detailed web results a big hit in Edmonton
34	Promotional Events	Mass Start Events	mid-season	Increase socializing and competition
35	Promotional Events	School Events	in spring or fall?	Requires an interested teacher; make sure students know of the club scene
36	Promotional Events	Sports Festival	where opportunity exists	EOOC experienced disappointing turnout
37	Promotional Events	Team events	score-O	Attract more people as "team sport"
38	Volunteer Development	Buddy System	for the event	Pair up first time meet organizers with an experienced member
39	Volunteer Development	Courses	off-season; early in season	Notify members of NCCP coaching courses or Officials courses or Mapping Clinics; Club can reimburse the money for course when it is completed
40	Volunteer Development	Open Meetings	end of season	Entice members with club-sponsored pizza, brief agenda, get other members to see what help is needed in the club
41	Volunteer Development	Recruit	off season	Phone members and ask for their help for next season; email members a list of all possible tasks and ask for volunteers; be ready to offer buddy systems or non-technical tasks to new volunteers.



WEDNESDAY NIGHT ORIENTEERING

NON - MEMBERS OF YOA

All participants who are not members for 2002 must buy a one-day membership to ensure insurance coverage for the meet.

Cost: \$5.00

Alternatively, the annual membership fee is:

\$20 - individual, \$40 - family

and includes one free map. If you think that you may come out again, please consider a full season membership.

Please complete a membership form (one-day or annual), and follow the instructions for regular members. Please ask for help if you have any questions.

WEDNESDAY NIGHT ORIENTEERING

YOA MEMBERS

1. Check Master Maps showing courses
2. Decide which course you want to run
3. Take a punch card and a result card
4. Write your full name on both cards (include full names of all in your group)
5. Report to the person registering your course
6. Pay your \$3 fee and pick up your map
7. Pick up your control description
8. Mark your course on your map
9. When you are ready to go, give your results card to the Starter for start time
10. Always report back to the Starter, even if you did not complete the course.

WORLD CUP 2002

The World Cup is a series of Sprint, Middle and Classic races, 13 in total. Points are awarded to the top 40 in each of the first 12 races - 1st place - 50 points, 2nd 45, 3rd 41, 4th 38, 5th 36, 6th 35, 38th 3, 39th 2 and 40th 1. The runners best 8 results are used to determine overall world cup positions. Points earned in the final race (#13) must be included in the 8 results.

World Cup events are scheduled in regional groupings to minimize travel costs. WC 2002 groupings : 1 - Belgium & Switzerland; 2 - Norway & Sweden; 3 - Czech Republic & Hungary. The World Cup Relay - three races, one at each regional series - teams of 3 runners with separate races for men and women.

Four members of the COF High Performance Program competed in these first 2002 World Cup events. Sandy Hott Johansen, Mike and Wil Smith competed in the Belgium and Swiss events and Brent Langbakk competed in the Swiss event.

2001 world champions win Belgium & Swiss World Cups

Five of the first eight races were won by 2001 world champions: Simone Luder (WOC 2001 Classic); Vroni Koenig-Salmi (Sprint); Hanne Staff (Short); Pasi Ikonen (Short). Luder won three of the first four women's races and established herself as favourite to take the overall title. Koenig-Salmi continued her outstanding record in shorter speed events (Park, Sprint and Short) while defending World Cup champion, Hanne Staff, showed she will not give up her crown without a battle. Staff and Luder have been the class of the women in the last two years and this may be the year that the younger Luder ascends the throne as world number one. These two women appear to be a level above the other contenders.

Things are not so clear cut in the among the men. Pasi Ikonen followed up a 2nd place in the WOC 2001 Sprint by winning the Short. Still in his early 20's, many were wondering how he would fare in the WC 2002 events, especially as none are in his home country, Finland. Ikonen, showed his WOC performances were just the start of better things to come with a win and a third, both in the Classic. Bjornar Valstad, world number one ranked for the last few years, showed that while he may be nearing the end of his career he is still a force to be reckoned with by winning the Classic race in Switzerland.

Belgium, June 1 - World Cup 1 - Middle Distance Qualification races:

Women - 3 heats of 26 runners; Men - 3 heats of 37 runners. Top 17 in each heat qualified for the A Final. Sandy was 10th in her heat and qualified for the A Final; Mike, 29th and Wil, 34th would run in the B Final.

June 2, Middle Distance Finals

Women - A Final		4560 m	50 runners
1	Vroni Koenig Salmi	Switzerland	24.44
2	Karin Schmalfeld	Germany	24.58
3	Katarina Allberg	Sweden	25.11
38	Sandy Hott Johansen	Canada	30.14

Men - A Final		6020 m	50 runners
1	Marian Davidik	Slovakia	26.52
2	Valentin Novikov	Russia	27.00
3	Mats Haldin	Finland	27.02

Men - B Final		5580 m	59 runners
1	Igor Klimov	Russia	27.15
2	Michal Jedlicka	Czech Rep	27.18
3	Vladimir Lucan	Czech Rep	27.56
42	Wil Smith	Canada	34.49
45	Mike Smith	Canada	36.14

June 3, World Cup 2 - Classic Distance

Qualification for A Final: Top 40 in the Middle Distance A Final; Top 5 in Middle Distance B Final; Top 5 in World Rankings who had not qualified in the Middle Distance event. Sandy's 38th place earned her a spot in the 'A'Final.

Women - A Final		9830 m	50 runners
1	Simone Luder	Switzerland	56.09
2	Anette Granstedt	Sweden	59.43
3	Hanne Staff	Norway	60.27
49	Sandy Hott Johansen	Canada	82.50

Men - A Final		15540 m	50 runners
1	Pasi Ikonen	Finland	84.10
2	Valentin Novikov	Russia	85.19
3	Holger Hott Johansen	Norway	86.22

Men B Final		11030 m	61 runners
1	Troy De Haas	Australia	60.04
2	Samuli Launainen	Finland	61.22
3	Andre Leumann	Switzerland	61.41
31	Wil Smith	Canada	70.27
44	Mike Smith	Canada	76.17

Switzerland, June 7 - World Cup 3 - Sprint

Runners qualified through World Cup 2 - Belgium Classic. Top 40 in A Final + Top 5 in B Final + Top 5 in World Rankings who did qualify in WC 2. No Canadians qualified for this event.

Women	3.2 km	50 runners
1 Simone Luder	Switzerland	13.13.5
2 Gunilla Svard	Sweden	13.58.3
3 Hanne Staff	Norway	14.03.1
4 Vroni Koenig-Salmi	Switzerland	14.03.8

Men	3.5 km	
1 Yuri Omelchenko	Ukraine	12.51.8
2 Carsten Jorgensen	Denmark	13.06.2
=3 Michael Mamleev	Russia	13.09.6
=3 Fredrik Lowegren	Sweden	13.09.6

Switzerland, June 9 - World Cup 5 - Classic - Mass Start

Men	12.3 km	125 runners
1 Bjornar Valstad	Norway	82.35
2 Jani Lakanen	Finland	82.36
3 Pasi Ikonen	Finland	82.37
100 Wil Smith	Canada	95.18
105 Brent Langbakk	Canada	114.14

Women	7.2 km	97 runners
1 Simone Luder	Switzerland	53.18
2 Hanne Staff	Norway	53.57
3 Katarine Allberg	Sweden	56.08
53 Sandy Hott Johansen	Canada	65.10

The Mass Start format resulted in a parade of runners coming up the finish chute only one or two seconds apart. While this format means that first across the finish line is the winner it opens up the door to blatant following.

Orienteering Online commented: "OO wonders if the long event with a mass start was a success. 34 runners in 3 minutes and the first 3 in 3 seconds in the Men's class. Most certainly, if it wasn't for the mass start, the results would look much different (on the other hand the right names are at the top). So, to tell you the truth, I don't like the men's results at all. All the right people are at the top and the final order would perhaps be the same even with the 3 minute start interval, but it seems like all the individualism is gone. All the runners seem to be of the same quality, which, of course, is far from the truth. For me, it's a bit funny that the difference at the top are smaller in the long event than in the Sprint".

The next WC series are: Norway - June 30 (Sprint), July 1 (Classic); Sweden - July 5 (Short), July 7 (Classic).

Sandy Hott Johansen is the only Canadian competing in these races.

2002 SANCTIONED 'A' MEETS SCHEDULE

Date	Even	Location	Contact	Tel/email
June 26	Yukon champs	Whitehorse	Yukon OA	www.icefield.yk.ca
June 28	Western Cdn champs	Whitehorse	Yukon OA	www.icefield.yk.ca
July 6-7	COC - Classic	Cremona, Alta	Bill Jarvis	(403) 257-2153 billjarvis@shaw.ca
July 8	APOC - Relay	Seebe, Alta	Bill Irwin(403) 239-2925	bill.irwin@hallmarkeng.com
July 10	APOC - Classic	Rumsey, Alta	Jim Webste	(403) 297-2724 jwebster16@hotmail.com
July 12	COC - Short	Redwater, Alta	Mary Lou Hogg	(780) 428-6028 jscott@hotmail.com
July 13-14	NAOC	Dalmuir, Alta	Geraint Edmunds	(780) 455-1916 geraint@powrsurfr.com
Sept 21-22	Turkey Trot	Ganaraska, Ont	Svatka Hermanek	(416) 650-8089 shermanek@schulich.yorku.ca
Sept. 22	New Brunswick champs	Rockwood Park	Paul Looker	(506) 738-8109 aplooker@nb.sympatico.ca
Oct. 5	Bluenose Classi	Truro, N S	Greg Nix 902) 243-3295	nix.family@ns.sympatico.ca
Oct. 5-6	Alberta champs	Sulphur Springs	Mardy Roberts	(403) 246-8246 droberts@cadvision.com

NOTE: Complete information on APOC related events - July 6-7, 8, 10, 12, 13-14 is available from: www.apoc2002.com

TURKEY TROT - a Memorial to Walter Kuz & Miles Hicklin
(as remembered by Eugene Mlynczyk, Don Ross and Vera Malanczyj)
Edited by Svatka Hermanek

Year 2002 will mark the 20th anniversary of Turkey Trot. Why “Turkey”, and why “Trot”? This is the story:

In 1982, Paul Tomblin, Daphne Tomblin, Eugene Mlynczyk and Donald Ross formed a cult-status sub-official orienteering club called the Turkeys. Don Ross is not sure how they settled on the name “Turkeys”, except maybe as a group personality type thing. Another source however claims that it was created from combined acronyms TOC & UKR. “Turkeys” often convened after various meets at Daphne’s farmhouse near Mansfield. They even entered a full “Turkey” team in relay events, although at the time such teams were supposed to consist of members from the same official club. Despite many protests about their eligibility the “Turkeys” endured.

Furthermore, since they had one UKR member, they suggested a two day September “A” meet with TOC doing Saturday and UKR doing Sunday. UKR had up until then hosted an annual one-day fall meet called the Fox Trot, so the team name “Turkey” was combined with the existing “Trot” and the name for the new two-day A meet was born. The first Turkey Trot was held in the fall of 1983.

Names of two orienteers stand out in connection with Turkey Trot as well as orienteering in Ontario. These are Walter Kuz from UKR and Miles Hicklin from TOC. Miles and Walter competed head to head in the same age category (although Miles was 7 years younger than Walter) and there was a beautiful rivalry between them for many years. Being the only two over the age of 62 they competed with runners 10 years their junior.

Walter Kuz was involved in orienteering in Ontario from its very early days in the 1960’s. He belonged to a core of orienteers attending clinics organized by legendary Sass Peepre at Guelph University. Walter’s involvement with Ukrainian youth athletics in combination with his passion for orienteering culminated in the creation of the Ukrainian O Club in early 1970’s. His determination was legendary. He could get himself off the map in its entirety, but never lose

interest. In one of these “excursions” he ran into an old Quebecois farmer who swore at him and provided no help until Walter swore back in Ukrainian. Then a small feast and drinking session ensued, and the farmer drove Walter the long-way back to the meet site! Walter left behind a great tale about the “Legend of Rockwood” where a man in the woods at a manned control point hallucinates and tells a story of a race between several animals and humans, which is really just an allegory for a few of the competitors at that meet.

Miles Hicklin was not only a scholar but a seminal member of the TOC. He began orienteering in the late 60’s or early 70’s and was always a great helper at meets, particularly kids and school meets. He was a quiet but an eccentric (to quote some sources) gentleman devoted to orienteering. Unfortunately I don’t have any tales about him but surely they exist and are shared only with special O people.

Both librarians by profession and thinkers by choice Miles and Walter developed a great affinity throughout many years of orienteering. It seems that their friendship extended even beyond orienteering. Miles was sad to see Walter pass away in 1993 only a week before the Turkey Trot. Miles only survived him by several months and died in the spring of 1994 close to his 80th birthday. Both are no doubt dreaming about some lost control in a secluded place in the woods.

These gentlemen are much missed and we are honouring them with the “Walter and Miles” Memorial Turkey Trots each passing year.

NOTE: The 2002 Walter and Miles Memorial Turkey Trot will be held on September 21-22: Day 1 - Ganaraks Forest; Day 2 - Long Sault Conservation Area.

AVAILABLE FROM THE COF OFFICE

(Prices are subject to change without notice)

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NATIONAL OFFICE: Executive Director: **Colin Kirk**
Mailing Address: Canadian Orienteering Federation, Box 62052,
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