



Coaches Code of Conduct

Adopted by the COF Board of Directors May 18, 2010

Orienteering coaches have a responsibility to:

regarding the physical safety and health of athletes

- Ensure that training or competition sites are safe
- Be prepared to act quickly and appropriately in case of emergency
- Avoid placing athletes in situations presenting unnecessary risk or that are beyond their level
- Strive to preserve the present and future health and well-being of athletes

regarding coaching responsibly

- Make wise use of the authority of the position and make decisions in the interest of athletes
- Foster self-esteem among athletes
- Avoid deriving personal advantage for a situation or decision
- Know one's limitations in terms of knowledge and skills when making decisions, giving instructions or taking action
- Honour commitments, word given, and agreed objectives
- Maintain confidentiality and privacy of personal information and use it appropriately

regarding integrity in relations with others

- Avoid situations that may affect objectivity or impartiality of coaching duties
- Abstain from all behaviours considered to be harassment or inappropriate relations with an athlete
- Always ensure decisions are taken equitably

regarding respect

- Ensure that everyone is treated equally, regardless of athletic potential, race, sex, language, religion, or age
- Preserve the dignity of each person in interacting with others
- Respect the principles, rules, and policies in force

regarding honouring sport

- Strictly observe and ensure observance of all regulations
- Aim to compete fairly
- Maintain dignity in all circumstances and exercise self-control
- Respect officials and accept their decisions without questioning their integrity