



ORIENTEERING
C A N A D A

2018/2019
Selection Policy
for
World O Champs
World Cups
World University O Champs

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Update history

Initial versions Dec 2017

Summary of 2018 Selection (as of Nov 2017)

It is required to be a High Performance Program (HPP) member to be selected to any of these events. This is to ensure all athletes: are training on a regular basis with a long-term approach according to their training plan, have agreed to the Athlete Code of Conduct, Anti-doping rules, and have provided athlete profiles. In addition, the athletes contribute to Team Canada, and reflect the work required by Orienteering Canada and the High Performance Committee (HPC) in administering team selection, registration and management at these events.

WOC 2018 Team Selection

- *Pre-selection* is based on results at WOC 2017 - a top-40 result in the Middle or Long final automatically qualifies for the same final at WOC 2018.
- *Preliminary selection* is based on results at COC 2017 - Top Canadian man & woman in the COC Sprint, Middle, and Long automatically qualifies for the corresponding race at WOC 2018.
- *Final Selection* races TBD, but probably April or early May. To be announced early 2018.

Here is a recap of the current status of WOC 2018 Selections:

- Women's Middle: Emily Kemp is pre-selected, based on top-40 performance at WOC 2017. One further Canadian spot is open for selection.
- Women's Long: Emily Kemp is pre-selected based on top-40 performance at WOC 2017. One further Canadian spot is open for selection.
- Women's Relay: Emily Kemp is pre-selected. The other two runners to be selected at Final selection.
- Women's Sprint Qualification: Emily Kemp won a position based on being Top Canadian in the COC 2017. The two other runners will be selected at Final selection races.

- Men's Middle: Eric Kemp won a position based on being Top Canadian in the COC 2017 Middle.
- Men's Long: Damian Konotopetz won a position based on being Top Canadian in the COC 2017 Long.
- Men's Sprint Qualification: Damian Konotopetz won a position based on being Top Canadian in the COC 2017 sprint. The two other runners will be selected at Final selection races.
- Men's Relay: Eric Kemp and Damian Konotopetz are selected based on their COC 2017 results. The 3rd spot is to be decided in the final selection.

- Sprint Relay - The WOC Team Coach and the Selection Committee will use discretion to choose the four runners (2 men, 2 women) from the team to represent Canada in the Sprint Relay. This selection will be done close to the race day.

World Cup 2018

Athletes who wish to participate in World Cup races must notify Orienteering Canada (hpp@orienteering.ca) at least two weeks *before the preliminary registration deadline* of the event. Should there be more qualified applicants than positions available, the selection committee will make a discretionary team selection.

2018/2019 Selection Policy for WOC, World Cups, WUOC

Introduction

- This document describes the team selection policy for the national teams to represent Canada at World Orienteering Championships (WOC), World Cups (WCup), World University Orienteering Championships (WUOC).

Definitions

- *High Performance Committee (HPC)*
Orienteering Canada has formed a High Performance Committee (HPC) and delegates to the HPC all elite orienteering programming, including team selection.
- *Policy Committee (PC)*
The HPC has recruited a Policy Committee to develop the selection policy for WOC, WCup, WUOC, WG team selections. This is: Wil Smith, Magali Robert, Ted de St Croix, Stefan Bergstrom (chair). Former members include: Mike Waddington, Brian May, Adrian Zissos.
- *Selection Committee (SC)*
The HPC has recruited a Selection Committee to implement the selection policy for WOC, WCup, WUOC, WG team selections. The selection committee is comprised of Wil Smith, Magali Robert, Ted de St Croix. Additional committee members may be added by the HPC.
- *WOC Team Coach*
The WOC Team Coach will be chosen from amongst the HPP Regional Coaches. If the position can not be filled by one of these coaches, the HPC will attempt to recruit another suitable coach. The WOC Team Coach will attend WOC and help in advance with race preparation.

Goals

- The HPC uses a policy in which selection is targeted at achieving certain short and long term program objectives, including:
 - Motivate and encourage elite Canadian orienteers
 - Help develop athletes who show potential for future excellence
 - Improve Canada's position in the IOF nations ranking year over year.
 - Earn the most possible places in IOF races by:
 - improving Canada's IOF national ranking - to earn maximum start positions in the WOC Middle & Long finals
 - consistently being the highest ranked nation in North America - to earn start positions in the World Games
 - winning individual races at NAOC - to earn personal places in WOC Middle & Long finals
 - Meet the Sport Canada-related target of consistently achieving some top 16* results in WOC finals, including relays (* Or top half if less than 32 entrants).

Development and approval of team selection policy

Orienteering Canada's team selection policy is created by the Policy Committee, which is a subcommittee of Orienteering Canada's High Performance Committee. The policy is reviewed and approved by the High Performance Committee.

Policy Committee General Comments

- Regarding WOC Team Selection: Given the changes in WOC format in 2014, Orienteering Canada must select fewer athletes directly to finals rather than selecting more athletes into qualification races. Therefore it makes sense to have selections that are less discretionary and more directly based on results at a Trials event, similar to the previous WOC qualification/final model.
- Discretionary selection has considerable advantages, however practical considerations (eg: lack of volunteer resources, lack of suitable selection races) argue in favour of simpler selection policy.
- Head to head racing will be a critical factor in selection, so athletes will be expected to travel to selection races. In future, the Canadian Championships and the North American Regional Championships will be key races for selection.
- The Policy Committee feels that the selection policy should be established for the upcoming two seasons at least, so that races in the current season can be used for selection for races in the following season and to facilitate athletes' long term planning.

Eligibility

For selection to all the International events listed in this selection policy document the following applies:

- **Athletes must be a member of the HPP.**
- Athletes must be in good standing with Orienteering Canada, in that they are full members of a Canadian orienteering club affiliated with Orienteering Canada and have no outstanding amounts owing to Orienteering Canada (unless a payment plan has been negotiated with the Orienteering Canada Treasurer).
- Athletes must meet IOF eligibility requirements, including having "full passport-holding citizenship" of Canada.

Exceptions

If unforeseen circumstances arise which do not allow for this selection process or its timelines to be implemented as planned (such as a voided selection race), or if the policy does not adequately address a particular situation, then the Selection Committee reserves the right to identify an alternate process or alternate timelines. Should this occur, all eligible athletes will be notified of these changes in a timely manner.

Alternates

The Selection Committee will use discretion to choose alternates, considering performance in the selection races, performance in recent major events, WRE score, future potential. The alternates may or may not be athletes selected to run in other WOC races.

Use of Alternates

In the event a selected runner is unable to start a race, the WOC Team Coach in consultation with the Selection Committee will make a decision about which runner to replace them with. The coach may pick any of the other selected runners or the designated alternates.

Removal from the Team

Once selected to the WOC team, an athlete may withdraw or be withdrawn for the following reasons:

- A. Failure to satisfy minimum training standards;
- B. Failure to adhere to team rules and Orienteering Canada's Code of Conduct and policies;
- C. Failure to remain competition-ready leading up to the event. Athletes who do not remain competition-ready by reason of lack of fitness, injury or illness may be removed from the team. It is the obligation of the athlete to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level.
- D. Voluntary withdrawal/retirement;
- E. Fraudulent misrepresentation.

Where an athlete is unable to meet training standards, competition readiness, violates team rules or the code of conduct or provides fraudulent misrepresentations, the Selection Committee will have the discretion to remove the athlete from the team, provided the athlete is given an opportunity to be heard, and to replace the athlete with another suitable candidate.

The Selection Committee will notify the athlete in writing that they have been removed from the team and reasons for the removal.

Funding

Any money required to be contributed by the athlete must be paid to Orienteering Canada as requested. Failure to pay such monies may result in the athlete's removal from the Team.

Petitions

The selection process is heavily weighted to objective results in mandatory selection races. Therefore petitions will be accepted only in exceptional circumstances such as when illness, injury, other medical circumstance or personal commitments result in absence or underperformance in a selection race. Petitions must include documentation of the cause for absence or underperformance in a selection race (such as a letter from a doctor) and evidence of other results which are clearly strong enough to overturn the results of the selection races (such as previous excellent performance at World Championships). Petitions must be submitted by the end of the day of the final selection race.

Appeals

Any appeal against a decision of the Selection Committee can be made in accordance with Orienteering Canada's appeals policy. In particular, if the Team Selection announcement is made after June 1st, 2018 then the appeal deadline is 24 hours after the announcement.

Team Officials

Orienteering Canada will recruit a Team Manager and a Team Coach for the WOC. The athletes will be expected to work together with these officials and with each other to handle registration and arrange for transportation, accommodation and other logistics.

The World Cup and World Games team at events other than the World Championships will be expected to work together to recruit a team manager and team coach if necessary, and arrange for transportation, accommodation and other logistics.

2018 World Orienteering Championships (WOC)

4-11 Aug, Latvia

<http://woc2018.lv>

Overview

The Canadian men will remain in Division 3 and Canadian women in Division 2. The national positions for Canada will be unchanged from previous years:

Middle	1 man, 2 women
Long	1 man, 2 women
Forest Relay	1 men's team (3 men), 1 women's team (3 women)
Sprint Q/F	3 men, 3 women
Sprint Relay	1 team (2 men, 2 women)

The 2017 Canadian Orienteering Championships were chosen as the preliminary selection event www.COC2017.ca .

(The 2017/2018 policy is available here as reference

<http://www.orienteering.ca/wordpress/wp-content/uploads/2017-2018WOCWUOCWCandWGSelectionPolicy.pdf>)

2017 WOC Pre-selection	Women: Top-40 in Individual Final will trigger pre-selection Men: Top-40 in Individual Final will trigger pre-selection
2017 COC Aug 3-6 Preliminary selection	For all individual events in which there is at least one open position following pre-selection: the Top Canadian in Sprint, Middle, and Long at the COC 2017 will earn preliminary selection in the corresponding race at the WOC 2018.
Final selection	Final selection races will be announced by early 2018.

WOC National Spots

Sprint Relay & *“Forest” Relay*: Each nation is given one entry.

Sprint: Each nation is given three spots in the Sprint Qualification races

Middle & Long: WOC qualification for Middle & Long is based on national ranking system in which the top eight nations in the world form the first division and get three starting spots each, nations 9-22 get two spots, and nations 23 and lower get one spot. All nations are thus guaranteed at least one starting place in the Middle and Long finals. The countries are ranked separately for men and women on the basis of the results in the Long, Middle, and Relay competitions in the past two WOCs. At the end of each year, the nations move between the divisions based on the points from the two previous years.

<http://orienteering.org/woc-promotion-and-relegation/>

IOF's Special Rules: Qualification for WOC Long and Middle distance competitions

http://orienteering.org/wp-content/uploads/2010/12/Qualification-for-WOC-Long-and-Middle-distance-competitions_Special-Rules.pdf

National spots for Canada at WOC 2018:

In 2018 Canadian men are in Division 3, and Canadian women are in Division 2.

Sprint Relay 1 team (2 men, 2 women)

Sprint Q/F 3 men, 3 women

Middle 1 man, 2 women

Long 1 man, 2 women

Forest Relay 1 men's team, 1 women's team (3 runners per team)

WOC Personal Spots

In addition to Canada's *national* spots, if the North American regional championships were held within the previous year then the IOF awards *personal* spots to the current North American regional champions (male and female) in the Middle and Long distance races, and they will be given an automatic entry into the corresponding WOC final so long as the athletes are selected by their national federation. These spots are not transferable to other athletes.

WOC 2018 Selection Policy Overview

The WOC 2018 selection will be made as follows:

- Pre-selection: Exceptional performance at previous WOC will be used to pre-select athletes who have proven themselves able to perform at a very high level. A top-40 result in an individual race in WOC 2017 will guarantee selection for that race at WOC 2018.
- Preliminary Selection: The *Top Canadian* in the Sprint, Middle and Long at the 2017 Canadian Championships races will automatically earn a spot in the corresponding race at WOC 2018 according to the Selection Process described later in this document.
- Final Selection: The final selection races will be used to fill all remaining places on the Canadian team, including replacing any athlete who was previously selected to run but is unable to due to injury or other circumstance.

The Final selection races will be TBD.

Eligibility / HPP Membership

- It is required to be a member of the HPP to be selected to the Canadian WOC team.
- Competitors must meet IOF eligibility requirements, including having “full passport-holding citizenship” of Canada.

Declaration of intent

- Personal spot: a declaration of intent **is not** required.
- National spot (Pre-selection): a declaration of intent **is required**.
- National spot (Preliminary & Final selection): a declaration of intent **is required**.
- **In order to win a National spot at a preliminary or final selection race, athletes must submit a Declaration of Intent before the final selection races or by April 15, 2018 (if selection races are later than April 15).**
- There are several reasons for the Declaration of Intent requirement, one of the main ones being so that athletes know the selection outcome immediately following the race (for example, a selection race may be won by a Canadian orienteer who has no intention of going to WOC).
- The declaration must be submitted by email to Orienteering Canada (hpp@orienteering.ca). The email should simply identify which WOC races the athlete wishes to be considered for and which they don't. Please list all events so that there is no ambiguity. For example:
 - Sprint relay - yes
 - Sprint - no
 - Middle - yes
 - Relay - yes
 - Long - yes

“Top Canadian”

To clarify, *Top Canadian* in the context of this Selection Policy means the highest placing Canadian in M/W21 who meets the eligibility requirements and who has submitted a Declaration of Intent. In the case of the Sprint race, and any other race in which the M20 class runs the same course as M21E and / or the W20 class runs the same course as W21E, then *Top Canadian* will be highest placed Canadian in

the combined results from those two categories who meets the eligibility requirements and who has submitted a Declaration of Intent prior to the race.

WOC Middle / Long Selection Policy

Pre-Selection:

A top-40 result at WOC 2017 will trigger automatic pre-selection. The pre-selection criterion was met by Emily Kemp in both the Long and Middle races.

Preliminary selection:

For all individual events in which there is at least one open position following pre-selection: the Top Canadian at the COC2017 Sprint, Middle, and Long will earn preliminary selection in the corresponding race at 2018 WOC.

Final Selection:

A series of final selection races will be specified by early 2018, including one Middle, one Long, and one or two Sprint races. Selection for all remaining National spots will be made at the Final selection event, as follows:

- *Men's Middle: If necessary, the top Canadian in the men's Middle distance race will be selected.*
- *Men's Long: If necessary, the top Canadian in the men's Long distance race will be selected.*
- *Women's Middle: If necessary, the top 1 or top 2 Canadian women in the women's Middle distance selection race will be selected.*
- *Women's Long: If necessary, the top 1 or top 2 Canadian women in the women's Long distance selection race will be selected.*
- *Men's Middle/Long: If the same man wins both National spots in the Middle and Long (using results from Preliminary and/or Final selections), then that individual will be given the choice to run one race at WOC, but not both. The vacated spot will be filled by the next fastest Canadian in the relevant Final selection race.*

WOC Relay Selection Policy

- The men and women selected to run Middle/Long at WOC are automatically selected to the Relay.
- As required, additional men and women will be selected based on best overall placing in the Final selection Middle and Long races, using a points system that weighs Middle and Long results equally.
 - $\text{Score} = (\text{Winning Time}) / (\text{Racer's Time}) \times 100$
 - This is basically a % of the winner's speed ... 100 if you win, 90 if you are travelling 90% as fast around the course.
 - The "winner" is considered to be the fastest runner of the appropriate gender on the course, regardless of age or nationality
 - Highest combined score (Middle score + Long score) wins. If a tie, then highest score in the Long distance race will be the deciding factor.
- An unlikely situation may occur in which more than three different Canadian runners run in the Middle and Long WOC finals. In this case the relay team will be chosen from those runners by the discretion of the WOC Team Coach and the Selection Committee using primarily the performances in the WOC Middle & Long races.
- The Relay Team's running order is determined by the Team Coach

WOC Sprint and Sprint Relay Selection Policy

Pre-Selection:

No man or woman satisfied the top-40 place criterion for pre-selection in the WOC 2017 Sprint. Thus, there will be no pre-selection to the team for the individual Sprint event at WOC 2018.

Preliminary Selection:

One male and one female runner will be selected at the COC2017 Sprint race as follows:

- *Men's Sprint: The Top Canadian is selected (Damian Konotopetz)*
- *Women's Sprint: The Top Canadian is selected (Emily Kemp).*

Final Selection:

- All remaining spots for the WOC Sprint Qualification race will be selected at the Final Selection sprint races.
- If possible, two sprint races will be used for Final Selection. This will depend on finding a suitable second sprint race. Athletes should be prepared to run a second sprint selection race, which may be announced as late as one month before the first Final selection sprint race.
- If there are two final sprint selection races, each race winner will earn a spot in the WOC Sprint races. If the same athlete wins more than once in the Preliminary and Final selection races, then additional runners will be chosen based on their overall Final selection two-race score.
 - In each race points will be awarded using the same scoring system as for Relay selection (percentage-behind-winner).
 - The total score over the two races will count. If a tie, then the highest score in the first Final selection sprint race will be the deciding factor.
- If we cannot arrange for a second Final selection sprint race then all remaining positions will be selected based on the results of first Final selection sprint race.
- The WOC Team Coach and the Selection Committee will use discretion to choose the team of four runners (2 men, 2 women) to represent Canada in the Sprint-Relay using primarily results from the Final selection sprint races. The Sprint-Relay Team's running order is determined by the Team Coach.

Selection Timeline

Step 1. Pre-selection races

- WOC 2017

Step 2. Preliminary selection races

- COC 2017

Step 3. First Notification - deadline Dec 15, 2017

- Any athlete selected in the pre-selection or preliminary selection races will be notified by the Selection Committee.

Step 4. First Acceptance - deadline Jan 15, 2018

- Athletes must respond to the First Notification to confirm their intent to compete at WOC 2018 in those disciplines. If they do not confirm by the deadline, or if they decline the race, then these positions will become available to general selection.

Step 5. Declaration of Intent – deadline before the final selection races or latest April 15, 2018.

- In order to be eligible for Final selection athletes must submit a *Declaration of Intent*.

Step 6. Review of Intention - deadline April 15, 2018

- The Selection Committee will review all athletes' *Declaration of Intent*.
- Should there be **fewer** qualified applicants than positions available in any race at WOC 2018, the Selection Committee may ask the HPC to recruit certain athletes for the available positions in those races. Additionally, the Selection Committee may make a discretionary selection for those races only.
- An announcement via HPP Basecamp page will be made by the Selection Committee listing:
 - all race positions that have already been filled
 - all race positions that are being contested
 - all race positions that are unfilled (i.e. not already filled, nor being contested)

Step 7. Final Selection races

- All athletes not already selected who would like to race at WOC 2018 must attend these selection races.
- Athletes must handle all logistics including registration, accommodation, transport.

Step 8. Team Selection announcement - This deadline will be confirmed when the selection races are confirmed

- The results of the Selection races will be tallied, and the Canadian WOC team will be announced by email on or before the deadline.
- The Selection Committee may fill any unfilled positions using their discretion, based on
 - Results in the 2018 selection races
 - Results in other 2018 events (International Events, Canada Cups, US National Events)
 - Results in the 2017 season (Canada Cups, US National Events, WOC, International Events).
 - Training dedication, as documented in training logs.

- Long-term potential (e.g., preference given to younger athletes in the appropriate LTAD stage in case other selection factors are comparable).

Step 9. Athlete Confirmation – This deadline will be confirmed when the selection races are confirmed

In order to confirm their place on the WOC team, each athlete must provide:

- Email confirmation to hpp@orienteering.ca that the athlete accepts a spot on the team
- Fulfill any outstanding requirements for HPP membership.

2018 World Cup (WCup)

The World Cup in 2018 will consist of four “rounds” of competition. Full details is available on the IOF website <https://eventor.orienteering.org/Events>

Round 1 Switzerland, 5-13 May (Also EOC - European Orienteering Championships)

Round 2 Latvia, 4 - 11 Aug (Also WOC)

Round 3 Norway, 31 Aug - 2 Sep

Round 4 Czech Republic, 4 - 7 Oct

Team Size

At each World Cup race the number of competitors per Federation is limited according to annually published quotas based on the IOF World Rankings.

WCup 2018 Selection Policy

Selection for Round 2 (the WOC events) are as per WOC 2018 Team Selection as described in this document. For all other events the following policy applies:

Athletes who wish to participate in World Cup races have to notify Orienteering Canada (hpp@orienteering.ca) at least two weeks before the preliminary registration deadline of the event.

Note that some of these events have very early registration deadlines!

The Selection Committee will make a discretionary decision about whether the athletes are qualified to represent Canada at a World Cup based on historical results. Should there be more qualified applicants than positions available, the selection committee will make a discretionary team selection, based on previous results, but may give extra priority to younger developing athletes. The selection committee will allocate races based on communication with the athletes and on the committee’s discretion. When analyzing results, the selection committee considers factors such as placing, time behind the winner, time per kilometre (tpk), strength of field, relevancy of terrain, types of errors made, etc.

The final selection for each World Cup will be announced prior to the Final Registration deadline.

Team Officials

Orienteering Canada will complete the registration process for these events. The World Cup team at each event other than the World Champs will be expected to work together to recruit a team manager and team coach if necessary, and arrange for transportation, accommodation and other logistics. At the World Champs (Round 2) team officials will be as described in the World Championships section of this policy.

2018 World University Orienteering Championships (WUOC)

17-21 July 2018, Finland

<http://www.wuoc2018.com/>

Overview

WUOC is a bi-annual event (taking place in even-numbered years). It is one of the more than thirty-two World University Championships, which are organized under the sanctioning of FISU (international University Sports Federation). WUOC is considered an important development opportunity for Canadian Elite orienteers.

Eligibility for WUOC

In addition to the Eligibility requirements listed in the policy section of this document the athletes wishing to be selected for WUOC must

- Be a student currently officially registered as proceeding towards a degree or diploma at a University or similar institute whose status is recognized by the appropriate national academic authority of their country, or former students who have obtained their academic degree or diploma in the year preceding the event.
- Be at least 17 and less than 25 years of age on January 1st in the year of the event; for 2018, athletes must be born between the 01/01/1993 and the 31/12/2000
- Meet other eligibility requirement set out by Canadian Interuniversity Sport (CIS/SIC) and FISU.

Team Size

Max 6 men, 6 women

Long 4 men, 4 women

Middle 4 men, 4 women

Sprint 4 men, 4 women

Relay 2 men's team (3 legs), 2 women's team (3 legs)

Sprint Relay 1 team (2 men, 2 women)

Selection

Athletes that would like to be compete in the WUOC should indicate interest by email to hpp@orienteering.ca by January 15, 2018.

The team selection will be done by the Selection Committee based on 2017 results. Understanding that all the interested athletes may not have competed head to head in the same races, the Selection Committee will use its discretion to select the team.

2019 World Orienteering Championships (WOC)

13-18 Aug, Norway

www.woc2019.no

The 2019 WOC is following the IOF decision to split the WOC in a forest WOC in odd years and a sprint WOC in even years. Accordingly the 2019 WOC is a forest event with the following races

Tue 13 Aug	Middle Qualification
Wed 14 Aug	Long Final
Fri 16 Aug	Middle Final
Sat 17 Aug	Relay

IOF has not yet published the entry rules, but Canada can expect to start 3 runners in the Middle qualification and at least 1 runner in the Long Final for each gender.

In addition to Canada's *national* spots, if the North American regional championships were held within the previous year then the IOF awards *personal* spots to the current North American regional champions (male and female) in the **Middle** and **Long distance** races, and they will be given an automatic entry into the corresponding WOC final so long as the athletes are selected by their national federation. These spots are not transferable to other athletes.

The NAOC2018 and the COC2018 in Yukon are important races for the 2019 team selection and all athletes trying for the WOC2019 selection are encouraged to participate in these races.

Additional selection races will be held in the spring of 2019. Details TBD.

The WOC 2019 selection will be made as follows:

- Pre-selection: Exceptional performance at previous WOC will be used to pre-select athletes who have proven themselves able to perform at a very high level. A top-40 result in an individual race in WOC 2018 will guarantee selection for that race at WOC 2019.
- Final Selection: The selection for 2019 WOC will be based on results from NAOC2018 and COC2018 and the spring 2019 selection races.