

2018 SASS PEEPRE NATIONAL JUNIOR TRAINING CAMP
August 15-16 at Whitehorse, Yukon

For many years, the Sass Peepre Junior Development Committee has organized an annual training camp for juniors from across Canada. Junior athletes of all abilities from 11 to 20 years of age are invited to participate in this camp, which always has amazing volunteer coaches coming from the ranks of the Senior National Team, High Performance Programme athletes, ex-national team members, and parents wanting to help their kids.

Our 2018 National Junior Training Camp will be held at the Mt McIntyre Recreation Centre in Whitehorse, Yukon.

- For whom:** Juniors ages 11 – 20.
Participants age 10 and under are welcome only if a parent volunteers at camp full time and only after obtaining permission from Kitty to attend.
Non-Canadian juniors are welcome.
- Schedule:** **Start** Wednesday, August 15, approx. 9 am
Finish Thursday, August 16, approx. 5pm
- Maps:** Training will be on maps near the Mt McIntyre Recreation Centre.
Transport to the maps will be in coaches' cars and possibly a rental van.
- Accommodation:** We will sleep on the floor of a room managed by the Whitehorse Cross Country Ski Club, at the Mt McIntyre Rec Centre, 1 Sumanik Drive, Whitehorse. We will eat supper and breakfast here. Lunch on the second day will be at the training location. More details will be provided in the information that will be sent to registered participants in June.
- Meals:** Meals will be prepared by volunteers at Mt McIntyre Recreation Centre.
- Camp Fee** Includes accommodation, meals and coaching
Early Bird Fee before May 1: \$75, or \$55 for additional sibling(s)
Regular Fee May 1-June 30: \$95, or \$75 for additional sibling(s)
Late Fee July 1-31: \$115, or \$95 for additional sibling(s)
Final deadline is midnight on July 31.
\$25 of your fee is non-refundable. No refund at all after July 15.
Consider contacting your own club for a subsidy.
- Registration:** Register online at <https://zone4.ca/register.asp?id=17552>
- Registrar:** TBA
- Camp Coordinator:** Kitty Jones (Calgary)
- Further information:** Contact Kitty, kittyjones (at) shaw (dot) ca
- Detailed information:** will be emailed to registered participants starting in June.

CALLING ALL COACHES, COOKS AND HELPERS!!

As usual, we are looking for volunteers to coach, cook, drive, and generally help out (e.g. supervise younger kids at bedtime).

COACHES: If you are worried about tiring yourself out or getting injured at camp, then consider offering to help part time instead of full time. Of course we'd love to have as many HPP folks to coach as possible, but we do not want to risk affecting your potential to reach your competitive goals. On the plus side, remember that coaching does give you insights into O skills.

We need adults to volunteer to help coach at all levels from beginner to advanced. We also need adults to volunteer to help prepare the meals (1 breakfast, 1 lunch and 1 supper). Whether you are a National Team athlete (either current or past), or a parent of a camp participant, please consider offering your time, as this camp relies 100% on volunteers.

All adult volunteers will receive free room and board at the camp. Sorry – no honoraria! But you'll be making a big contribution to the Canadian orienteering scene and have fun while doing so!

If you have a vehicle, you will be asked to help with transporting participants the short distance to training sessions. If necessary, we'll have a rental van as well, to eliminate shuttling.

Contact Kitty to join the camp!