



ORIENTEERING
C A N A D A

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The inaugural season of the Canadian Orienteering Federation's Canada Cup Elite Series wraps up

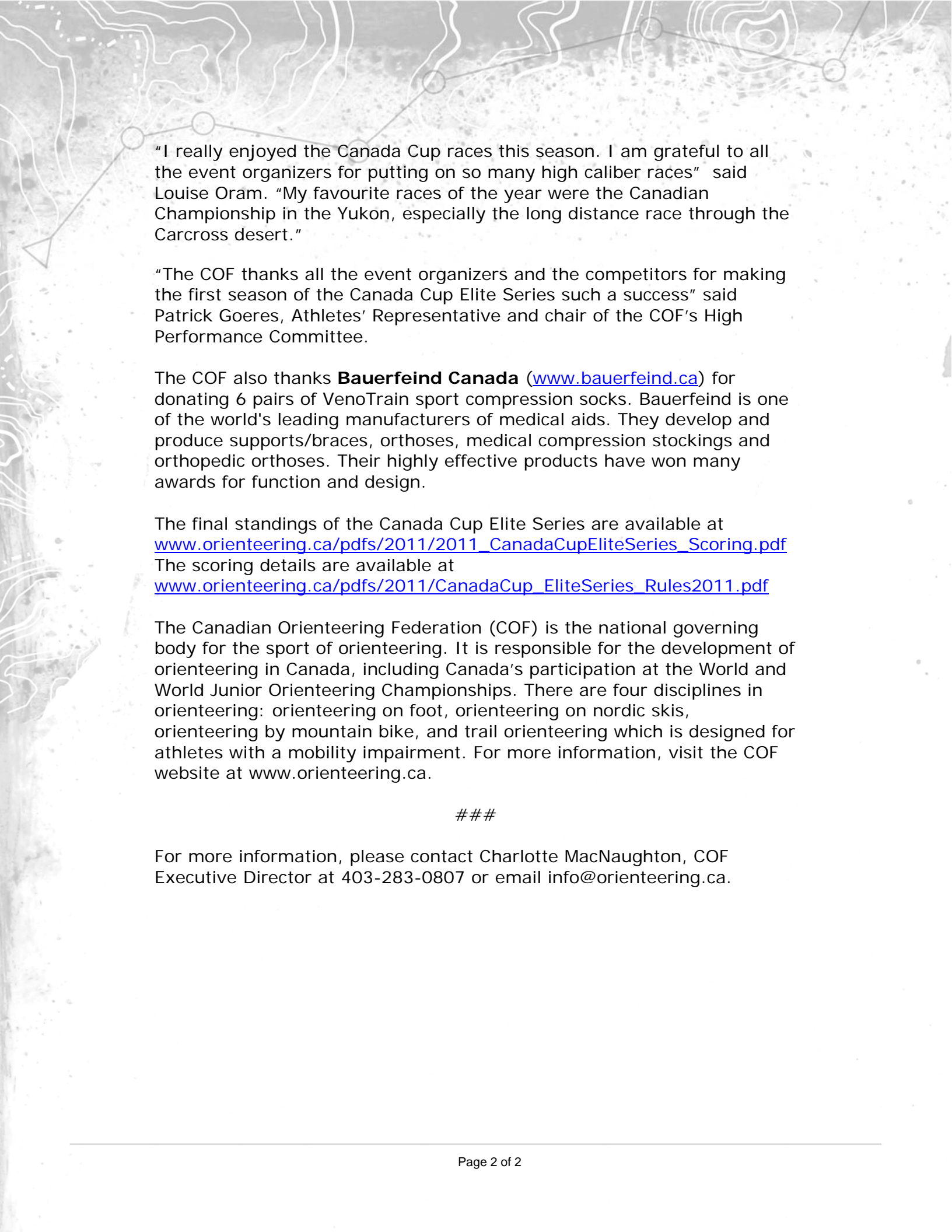
CALGARY (Oct 11, 2011) – The final 3 Canada Cup races of the year were held this past weekend as part of the Ottawa Orienteering Festival.

The top male and female in the Elite Series received \$300 cash and the top 3 men and women received a pair of VenoTrain sport compression socks donated by Bauerfeind Canada (valued at \$100/pair). The top club won bragging rights!

After 17 Canada Cup elite series races this year, the top 3 women were Louise Oram (Greater Vancouver Orienteering Club), Carol Ross (Orienteering New Brunswick) and Katherine Scheck (Yukon Orienteering Association). The top 3 men were Will Critchley (Edmonton Overlanders Orienteering Club), Robbie Anderson (Ottawa Orienteering Club) and Magnus Johansson (Greater Vancouver Orienteering Club). The top club was the Greater Vancouver Orienteering Club (GVOC).

The Canada Cup Elite Series was created at the beginning of 2011 as a annual point scoring competition for the women and men's 21-34 elite age categories. It is targeted at the *Training To Win* stage of the COF's Long Term Athlete Development Model. Runners scored points for themselves and their clubs by placing well in the elite categories. Points were accumulated over the season. The creation of the Elite Series coincided with the name change of our highest standard of races, from A meets to Canada Cups. All Canada Cup races counted toward the Elite Series standings, with bonus points for Canadian Championship races.

"The first year of the Canada Cup elite series gave me a new motivation to hit the big events across Canada", explained Will Critchley of Edmonton. "These events were already important for training, but a competitive season-long series was an added incentive to attend as many as I could. It is an exciting initiative for Canadian orienteering, as all elite Canadians need more opportunities for high level competition, and my new personal best of 38th at the World Championships shows that I owe a debt of gratitude to the COF and all the organizers of the Elite Series races. I'm thrilled that I've put my stamp on Canada Orienteering history as the first ever Canada Cup Elite Series winner."



"I really enjoyed the Canada Cup races this season. I am grateful to all the event organizers for putting on so many high caliber races" said Louise Oram. "My favourite races of the year were the Canadian Championship in the Yukon, especially the long distance race through the Carcross desert."

"The COF thanks all the event organizers and the competitors for making the first season of the Canada Cup Elite Series such a success" said Patrick Goeres, Athletes' Representative and chair of the COF's High Performance Committee.

The COF also thanks **Bauerfeind Canada** (www.bauerfeind.ca) for donating 6 pairs of VenoTrain sport compression socks. Bauerfeind is one of the world's leading manufacturers of medical aids. They develop and produce supports/braces, orthoses, medical compression stockings and orthopedic orthoses. Their highly effective products have won many awards for function and design.

The final standings of the Canada Cup Elite Series are available at www.orienteering.ca/pdfs/2011/2011_CanadaCupEliteSeries_Scoring.pdf
The scoring details are available at www.orienteering.ca/pdfs/2011/CanadaCup_EliteSeries_Rules2011.pdf

The Canadian Orienteering Federation (COF) is the national governing body for the sport of orienteering. It is responsible for the development of orienteering in Canada, including Canada's participation at the World and World Junior Orienteering Championships. There are four disciplines in orienteering: orienteering on foot, orienteering on nordic skis, orienteering by mountain bike, and trail orienteering which is designed for athletes with a mobility impairment. For more information, visit the COF website at www.orienteering.ca.

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